

10 CYBER SECURITY TIPS



Youth Exchange “Stay safe”

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1. Keep your computers and mobile devices up to date

Having the latest security software, web browser, and operating system are the best defenses against viruses, malware, and other online threats.

2. Set strong and easy-to-remember passwords

A strong password is at least eight characters in length and includes a mix of upper and lowercase letters, numbers, and special characters.

3. Change your password on a regular basis

It's a good idea to change your password every month.



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4. Keep personal information personal

Hackers can use social media profiles to figure out your passwords and answer those security questions in the password reset tools. Lock down your privacy settings and avoid posting things like birthdays, addresses and etc.

5. Use a VPN with your Wi-Fi connection

It's a great (and legal) way to keep your connection secure at home and even while you're out and about using public Wi-Fi.

6. Shop safely

Before shopping online, make sure the website uses secure technology. When you are at the checkout screen, verify that the web address begins with https.



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7. Secure your internet connection

Always protect your home wireless network with a password. When connecting to public Wi-Fi networks, be cautious about what information you are sending over it.

8. Double-check any links before you click

When checking your email or visiting websites, make sure you know and trust any links before you click on them.

9. Don't let your browser remember your log on details

It's much safer to re-enter your details every time you log on, even if it takes slightly longer.

10. Be careful what you download

A top goal of cybercriminals is to trick you into downloading malware—programs or apps that carry malware or try to steal information.



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